

LEVEL 1 FOUNDATIONS

July 2024 Cohort Program Schedule

All sessions are scheduled Tue & Thu | 5-7pm (SGT/HKT/ UTC+8)

Module 1

Essentials of Coaching

- M1a** 16 Jul
- M1b** 18 Jul
- M1c** 23 Jul
- M1d** 25 Jul
- M1e** 30 Jul
- M1f** 01 Aug

Module 2

The Authentic Coach

- M2a** 27 Aug
- M2b** 29 Aug
- M2c** 03 Sep
- M2d** 05 Sep
- M2e** 10 Sep
- M2f** 12 Sep

M1 Coaching Practice Sessions

- Group Mentoring:** 06 Aug
- Peer Coaching:** TBS with your Peers
- Supervised Practice:** Week of 12 Aug
- Coaching Reflection:** 20 Aug

M2 Coaching Practice Sessions

- Group Mentoring:** 17 Sep
- Supervised Practice:** Week of 23 Sep
- Coaching Reflection:** 01 Oct

