# PROGRESSU THE ART & SCIENCE OF COACHING

# LEVEL 3 MASTERY

October 2024 /2025 Program Schedule

All sessions are scheduled Tue & Thu | 5-7pm (SGT/HKT/ UTC+8)

Module 5

# Coaching with EQ & Intuition

M5a	08 Oct
M5b	10 Oct
M5c	15 Oct
M5d	17 Oct
M5e	22 Oct
M5f	24 Oct

#### **M5 Coaching Practice Sessions**

Group Mentoring 1: 29 Oct Group Mentoring 2: 05 Nov Peer Coaching: TBS with your Peers Supervised Practice: Week of 11 Nov Coaching Reflection: 19 Nov

# Module 6

# **High-Level Executive Coaching**

M6a	26 Nov
M6b	28 Nov
<b>M6c</b>	03 Dec
M6d	05 Dec
M6e	10 Dec
M6f	12 Dec

#### **M6 Coaching Practice Sessions**

Group Mentoring 3: 07 Jan
Group Mentoring 4: 09 Jan
Peer Coaching: TBS with your Peers
Supervised Practice: Week of 13 Jan
Coaching Reflection: 21 Jan

