

LEVEL 1 FOUNDATIONS

May 2024 Cohort Program Schedule

All sessions are scheduled Tue & Thu | 5-7pm (SGT/HKT/ UTC+8)

Module 1

Essentials of Coaching

- M1a** 28 May
- M1b** 30 May
- M1c** 04 Jun
- M1d** 06 Jun
- M1e** 11 Jun
- M1f** 13 Jun

Module 2

The Authentic Coach

- M2a** 09 Jul
- M2b** 11 Jul
- M2c** 16 Jul
- M2d** 18 Jul
- M2e** 23 Jul
- M2f** 25 Jul

M1 Coaching Practice Sessions

- Group Mentoring:** 18 Jun
- Peer Coaching:** TBS with your Peers
- Supervised Practice:** Week of 24 Jun
- Coaching Reflection:** 02 Jul

M2 Coaching Practice Sessions

- Group Mentoring:** 30 Jul
- Supervised Practice:** Week of 05 Aug
- Coaching Reflection:** 13 Aug

