

LEVEL 1 FOUNDATIONS

March 2024 Cohort Program Schedule

All sessions are scheduled Tue & Thu | 5-7pm (SGT/HKT/ UTC+8)

Module 1

Essentials of Coaching

- M1a** 19 Mar
- M1b** 21 Mar
- M1c** 26 Mar
- M1d** 28 Mar
- M1e** 02 Apr
- M1f** 04 Apr

Module 2

The Authentic Coach

- M2a** 30 Apr
- M2b** 02 May
- M2c** 07 May
- M2d** 09 May
- M2e** 14 May
- M2f** 16 May

M1 Coaching Practice Sessions

- Group Mentoring:** 09 Apr
- Peer Coaching:** TBS with your Peers
- Supervised Practice:** Week of 15 Apr
- Coaching Reflection:** 23 Apr

M2 Coaching Practice Sessions

- Group Mentoring:** 27 May
- Supervised Practice:** Week of 27 May
- Coaching Reflection:** 04 Jun

