



Executive Coach & Facilitator

About our coach

Our coach, a British Citizen, is an executive coach based in India. She has successfully coached with and facilitated key talent and senior leadership teams in the UK, UAE, Germany, India and New Zealand. She is a true citizen of the world and her international experience has included working closely with leaders from multiple cultures including the USA, Australia, France, Oman, Lebanon, Egypt and Turkey.

In her coaching practice, she blends the logic of her extensive HR corporate experience with the magic of her coach training to create powerful and purposeful coaching engagements, deep rooted shifts in leadership behaviours and sustainable results. Her industry exposure spans Financial Services, IT Services, Pharmaceuticals, Healthcare and Hospitality.

She is an experienced facilitator of groups that are made up of a mix of cultures and learning styles. Her natural facilitation and team building style is to grow existing strengths within groups while exploring obstacles holding teams back. Through consultation and using her practiced commercial eye, she delivers change and development interventions designed to create ease around difficult business changes.

Credentials

- Associate Certified Coach (ACC) with the International Coaching Federation, USA
- Certified Professional Co-Active Coach (CPC) awarded by the Coaches Training Institute (USA)
- MBTI® Certified Practitioner, UAE
- NLP Practitioner, India
- Distinction Postgraduate Diploma in HR from Middlesex University, UK
- BSc in Management from the University of Manchester Institute of Science and technology, UK
- Chartered Member of the Chartered Institute of Personnel and Development, UK

Expertise / Services Provided

- Leadership Coaching
- Design and Delivery of Leadership Development Workshops
- Group Facilitation
- Building Teams in Organisations

Assessments/Tools

- Harrison Assessments
- TrueProgress 360 Degree Assessment
- PTC Team Coaching Assessment
- POA Optimism Assessment
- MBTI Steps 1 & 2

Languages

- English (fluent)
- Hindi (conversational)
- Gujarati (conversational)

Leadership and Corporate Experience

- 13 years experience in senior Human Resources and Learning & Development roles

International Exposure

- Born and raised in the UK.
- Lived in UK, UAE, New Zealand and now India
- Worked with clients from Europe, the USA, the Middle East, Africa and India

Selection of Clients

- Nasdaq Dubai
- National Health Service, UK
- Sohar Port, Oman
- IQVIA
- Credit Suisse

Contact

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