



Executive Coach & Facilitator, Seoul

About this Coach

Over 10 years of intensive experience in the coaching field have led her to become one of the best executive coaches in Korea, holding a Professional Certified Coach Credential (PCC) of the ICF (International Coach Federation). Her insightful coaching skills, being one of her biggest strengths, support her executive level clients in both work and life aspects.

She draws from a variety of careers in the business, such as marketing, HR Consulting, flight attendant, opera singer and reporter at a broadcasting station. As a result, she has an enhanced competency of flexibility, open-mindedness, business orientation and independence as well as a deep understanding of people and business. This unique background differentiates her from other coaches.

Her coaching practice include coaching in the areas of leadership, mind leadership, self leadership, NLP, emotional intelligence and sales. Since 2005, she has been coaching over 2,000 hours and has worked with global companies, government, nonprofit organizations and personal clients. She has been enjoying coaching people to find their diamonds in business and life through their mind and life.

She is also a very experienced facilitator, having conducted numerous seminars and workshops in the areas of leadership and sales. Participants benefit from her unique experience, high energy and extreme dedication to the participants' success.

She is the author of the book "Discipline and proficiency of Social Welfare Workers Coaching"(2009, EMSV) and three coaching work books for children, middle aged women and senior citizens.

Credentials

- Graduate of ILCT (ACTP/130hrs)
- Professional Certified Coach (PCC) of ICF
- Master Practitioner of ABNLP (250hrs)
- Ehwa Women's University in Seoul Korea
 - Bachelor of Arts in Music February 1991
 - Master of Arts in Music August 1995

Expertise / Services Provided

- Leadership Coaching for Senior Executives
- Coaching Government Officials
- Emotional Intelligence Coaching
- Seminars and workshops for Middle/Senior Leaders
- Seminars and workshops for Sales People

Assessments / Tools

- Harrison Assessments
- TrueProgress 360 Degree Assessment
- PTC Team Coaching Assessment
- POA Optimism Assessment
- EFT, ESM – Emotional Control Coaching
- NLP Integrated Emotional Coaching

Languages

- Services offered in: Korean & English

Corporate Experience

- 17 years in various fields; Marketing Manager, HR Head, Sales, Flight Attendant, Reporter, Translator, Opera Organizer and Singer

International Exposure

- Work-related and private travel to about 20 countries
- 6 months in N.Y./USA
- 2 months in Austria
- 2 months in Netherlands for training of KLM

Selection of Clients

Executive Coaching / Seminars / Workshops

- LG Electrics
- Citigroup
- Trumpf Korea
- General Electric
- TESA
- Hyundai Capital
- LG Telecom

Contact

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