

INSPIRE!

Leadership Retreat for Senior Leaders

Date: June 28-30, 2010

Location: Yangshuo, China

WHO WILL BENEFIT MOST?

Successful experienced leaders (CFOs, GMs, Plant Managers, HRD Heads, Department Heads etc.) who have had several trainings on management and leadership and now would like to **develop their personality further by becoming more inspiring and more effective in leading others.**

PROGRAM OVERVIEW :

This program combines periods of intensive learning, personal reflection, and action:

- First part: One initial three-day experiential group module
- At the end of the first part, participants will be coached to produce an action plan that includes the new learning.
- Second part: Participants will be individually supported to translate their action plan into their leadership practice through three 1:1 coaching sessions and two group coaching sessions.

WHY THIS PROGRAM IS UNIQUE :

- With only 12 participants, each participant has ample opportunity to do in-depth work.
- Apart from learning new leadership skills and tools, participants will work on developing their personality.
- Both facilitators are professional Executive Coaches, who also coach high-level executives one-on-one.
- The location for this program is a truly inspiring place: the Yangshuo Mountain Retreat.
- It is an exclusive program open only to senior leaders.

Benefits for Participants

Benefits for participants in this personal journey can be:

- More awareness and flexibility in leading others
- Sustained motivation and ability to motivate their people
- Increased awareness of potentials, strengths and areas to develop
- Ability to understand their people faster and at a deeper level
- Higher energy and productive use of stress
- Utilize more of your intuition and other talents.
- More balance in life (Thanks to clearer sense of values and priorities)



For this program, you will do a personal assessment on-line before arriving. The report of this assessment will be used during the program **to help you identify your preferred behaviors, strengths and areas for development.**

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OUR APPROACH :

We use many different approaches to help participants learn how to use their personal resources: their minds, their emotions and their bodies. Our facilitators for this program have extensive business experience, as well as comprehensive training in Europe, the US and in Asia in:

- Academic psychology
- Gestalt (an approach focused on what can be learned from emotions and one's body)
- Neuro-Linguistic Programming (NLP)
- Corporate Coaching

DETAILED PROGRAM:

1 FIRST PART: LEADERSHIP RETREAT IN YANGSHUO

Each participant will learn through experience about:

- Personality, potential, strengths and areas for development
- Using under-utilized areas of personality
- Adjusting leadership style to become more authentic and inspiring
- Mission and values and how to translate them into action
- Communication patterns: what works and what doesn't
- Optimizing little understood energies for confident leadership style
- Using emotions and intuition to enrich relations with team members
- Communication style and skills for influencing
- Recognizing and managing personal stress through practical relaxation approaches
- Creating significant personal change, resulting in a practical individual action plan

2 SECOND PART: INDIVIDUAL SUPPORT OVER THREE MONTHS TO TRANSLATE LEARNING INTO ACTION

Three 1:1 coaching sessions (60 min.each), over a maximum of 3 months after the first part
Two 90-min group coaching sessions (teleconferencing) in between these three individual sessions

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FACILITATORS:

Both facilitators are **executive coaches**, **working one-on-one with clients** in positions like: Asia Pacific General Managers, Board members, General Managers, Country General Managers, Department Heads, business owners etc.



SEBASTIEN HENRY

Senior Trainer & Executive Coach, Author, Co-owner of Progress-U Ltd

Sebastien, MBA (ESSEC), BA in Psychology, BA in Philosophy, is a certified NLP Trainer (NLPU, USA) and a certified Executive Coach (Coach U + ICC). He specializes in working with senior leaders to assist them in developing themselves as inspiring leaders. That means leaders for whom people truly want to commit and give their best.

Previously in an Asia-Pacific regional position at a multinational company, with Japanese and Chinese teams in Tokyo, Shanghai and Hong Kong, he has practiced the art of listening and leading across cultures.

He firmly believes in action, and the tools he is using and sharing are derived from several areas of his life: his corporate experience, of course, as well as his intensive practice of mountaineering and his daily practice of meditation for more than ten years.

He is the author of "Emotional Intelligence and leadership in Asia: use emotions to lead and inspire your people", to be published in 2010.

He can read and speak Mandarin, Japanese, English, Spanish and French and has accumulated more than 1200 hours of personal development work on himself over 10 years.

Dori Ben-Chanoch

Trainer & Executive Coach, Progress-U Limited



Mr. Dori Ben-Chanoch has been in the training & development field for the last 15 years. He has specialized in the area of Executive Presence, Leadership Development, Interpersonal Communication Skills, and Emotional Intelligence. Dori's background in training and coaching includes being an international front of the room leader and supervisor for the acclaimed Coach Training Institute (CTI). Headquartered in the San Francisco Bay area, CTI was one of the first educational institutes to develop and offer coaching training and is a long-standing, recognized global leader in the creation and advancement of coaching standard and integrity.

Dori developed a specialty in Executive Coaching, Behavioral Coaching, Emotional Intelligence (EQ), Sales Skills, 360 and Team Assessment and follow-up facilitation, as well as Leadership Communication Skills, using a model of open and authentic communication.

He is a native English speaker.

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VIEW FROM THE YANGSHUO MOUNTAIN RETREAT:



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This program was already conducted successfully five times in Greater China, and received very good feedback.

Clients that Progress-U has served include Chanel, LVMH, Volkswagen, Kimberley-Clark, Nike, Areva, L'Oreal, HP, Kraft Foods, Sprint, Otis, Johnson & Johnson, Airbus, PepsiCo, Hang Seng Bank, Saint Gobain, Tesco, Alcatel-Lucent, Bayer Material Science, Maersk, Auchan, Macquarie PGA, Total, Lucent Technologies, Allianz, Barclays, Logitech, Lego etc.

TESTIMONIALS :

- “ I found this program extremely powerful and helpful in developing one’s self awareness, leading to more effectiveness. The facilitators were very impressive in their professionalism and expertise in this complex topic. I strongly recommend this program for successful leaders who want to develop further the skills needed to perform their current responsibilities and aspire for greater responsibilities. ”
----- HR Director
- “ I appreciated this session very much, especially the expert skills of the facilitator in helping the group work as a team, and also the opportunity to take time to think about ourselves. The facility is also very conducive for this kind of training. ”
----- Plant Manager
- “ I am just back from INSPIRE! and I feel more connected with my team. I really enjoy managing my colleagues while being truly myself. It is much easier... ”
----- Hypermarket Store Director
- “ I enjoyed it so much. This was truly a chance to be able to slow down from my busy daily pace and look at myself as well as through others’ eyes. I appreciated this opportunity as a true chance and a gift to be more conscious of myself. ”
----- CFO Asia

PRACTICAL INFORMATION :

Investment is USD 3300 per participant. This does not include flight to Guilin and accommodation. Accommodation is to be paid directly to the Yangshuo Mountain Retreat (450 Rmb per night, including 3 meals).

For registration and payment before **May 28, 2010**:

An **early-bird discount of USD 300** applies (equivalent to the approximate cost for one return flight to Guilin).

For any inquiry, please contact:

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